



How will you respond when a loved one says, “I just want to die?”

Thanks to your generous support over the past year, the deVeber Institute has been developing a resource to help people like you prepare for these difficult conversations. This fall, we will publish a new booklet entitled *When a Loved One Considers MAiD*.

A parent confides, “*I’m a burden.*”

A spouse says, “*I can’t take this anymore.*”

A friend quietly admits, “*I think MAiD is my best option.*”

These are more than words — they are cries for understanding, compassion, and connection.

Hearing someone you love speak about wanting MAiD can be deeply distressing. You may feel shock, fear, sadness, anger, confusion, or helplessness. You want to comfort your loved one, but you may not know what to say or where to turn.

Over the past year, we have worked alongside physicians, bioethicists, and palliative care professionals to develop this booklet, helping families and friends navigate these conversations with empathy, wisdom, and hope.

One of the booklet’s most powerful contributions comes from Lia Milousis, who shares her experience of severe depression and suicide attempts as a teenager.

Her testimony reminds us that hope can endure, even when suffering feels overwhelming.



*I have lived long enough to learn
that even a life with immense
suffering is still a life worth living.*



Lia Milousis

Thanks to the generosity of our donors and grants from the Archdioceses of Toronto, Hamilton, and Vancouver, this project is well underway in partnership with LifeCycle Books. This fall, we will distribute thousands of copies across Canada.

As a small charity, we depend on the generosity of supporters like you to bring this work to life. Your gift today will help place *When a Loved One Considers MAiD* into the hands of families, healthcare professionals, and communities.

Every gift, regardless of size, makes a difference. All donations are tax-deductible and directly support the publication and distribution of this important new resource.

Dr. Ramona Coelho captures the spirit of this project beautifully:

*“Let me accompany you.
Let me love you day by day, as many as we can.
Let’s be together, please.”*

There are many ways to give:

- **By cheque or credit card** using the enclosed donation slip.
- **Online** through CanadaHelps or via Square (visit our website for direct links).
- **By e-transfer** to bioethics@deveber.org.
- **By phone** at **416-800-2803**.

Thank you for standing with us as we bring hope, accompaniment, and practical guidance to Canadians facing some of life's most difficult conversations.

With gratitude,



Zoe Stewart-Bedard, Executive Director



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